





## **Aquinas Catholic College** Menai Enlivened by the Spirit

1D Anzac Rd, Menai NSW 2234 | (02) 9543 0188 aquinasmenai.syd. catholic.edu.au

#### SYDNEY CATHOLIC SCHOOLS TEAM CHAMPIONS



JUNIOR BOYS BASKETBALL: CONFERENCE 3, SCS AND NSWCCC CHAMPIONS



**INTERMEDIATE NETBALL: CONFERENCE 3 &** SCS CHAMPIONS



**OPENS BOYS RUGBY LEAGUE B GRADE: SCS CHAMPIONS** 



**INTERMEDIATE GIRLS BASKETBALL: CONFERENCE 3 CHAMPIONS** 



**ALL ABILITIES EUROPEAN HANDBALL: CONFERENCE 3 CHAMPIONS** 



**SENIOR NETBALL: CONFERENCE 3 CHAMPIONS AND SCS RUNNERS UP** 

#### **NSWCCC REPRESENTATIVES**



Evalina Carneiro Netball



Bailey Duncan Triathlon



William Elmer Triathlon





Isabella Maher Netball



**Preston McClelland** 



Triathlon



Triathlon

#### **NSW ALL SCHOOLS REPRESENTATIVE**



Isabella Maher **NETBALL** 

**NSW ALL SCHOOLS REPRESENTATIVE AND ALL-AUSTRALIAN** REPRESENTATIVE



Evalina Carneiro **NETBALL** 



Byron Faber Water Polo

Mikayla Martin Netball



**Micah Harper** 

**Athletics** 

**Layla Peterson** Athletics



Nate Robertson Triathlon



**Sean Robinson** 



Congratulations to our outstanding students from Years 5-12 who have excelled in both team and individual sports in 2024.

#### **NSW CCC Representatives**

George Kontis - Football Marcello Nicoliello - Football Amos Taouil - Football Quinlan Bourke - AFL Harlem An - Swimming **Liam An** - Swimming **Bada Kang** - Swimming Jake Rutigliano - Swimming Mefyn Williams - Swimming Cruz Frangieh - Touch Football Michael Joukhador - Touch Football Manos Lago - Touch Football Dan McMahon - Touch Football **Luke Slemint** - Gymnastics **Louis Llavero** - Athletics Flynn Sawers - Athletics **Oliver Tanuse** - Athletics

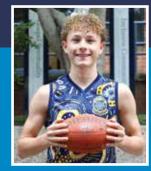
## **2024 SPORTS STARS**



**Liam An**National Swimming
Championships



Flynn Sawers
SCS CC & Athletics



Quinlan Burke
AFL NSW CCC



Luke Slemint
Gymnastics Australian
Championships



Junior Basketball SCS Conference Champions



U16 FNSW Futsal
Regional Championship Winners



Junior Football SCS Conference Champions

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## All Saints Catholic College

## **NATHAN DARBY**

(Gymnastics, Trampoline)

**NATHAN DARBY** has been jumping for success in 2024 within the sport of gymnastics. Nathan competed at the Gymnastics NSW State Championships, finishing 2nd in the Trampoline Level 6 discipline and 6th in the Double

mini tramp discipline. These results ensure his qualification for the NSW team, which competed at the Australian National Championships at Gold Coast in May. In September, Nathan also represented his club, Sydney Gymnastics and Aquatic Centre at the National Clubs Gymnastics Carnival at Gold Coast. At this



event, Nathan finished 1st in the Tumble Level 4 discipline, 8th in the Trampoline Level 6 discipline and 10th in the Mini Tramp Level 6 discipline. Nathan's hard work and dedication to the sport will help him reach greater heights in the future.

#### MALIYAH NIUMATA

(Netball, Rugby League, Touch Football, and Athletics)

MALIYAH NIUMATA
has made an
impressive start
to her first year
in representative
sports as a Year 5
student. She has
demonstrated her
capability and skills
across a variety of
sports. Maliyah has
represented her
college in netball.



rugby league, touch football, and athletics. She was also selected for the Sydney team for both netball and touch football.

## MATTHEW RAYMOND (AFL)



MATTHEW RAYMOND has had a very successful year in the sport of AFL in 2024. Matthew represented Northern NSW at the Under 15's AFL NSWCCC Selections. He was selected to represent NSWCCC at the NSW All Schools Championships where he was a part of the championship winning team. His performances earned him a selection in the NSW All Schools Under 15's AFL team, where Matthew competed at the School Sport Australia National Championships in Gold Coast. Matthew's athletic ability, determination, and drive have shown he has potential for future success in the sport of AFL.

#### **AVA VAEFAGA**

(Rugby League)



**AVA VAEFAGA'S** journey began with the SCS Girls Rugby League U17s, where she first made a name for herself and set the foundation for her impressive career. Ava has emerged as a promising women's rugby league player, showcasing exceptional skill and tenacity. Competing in the Lisa Fiola competition for Manly in the 2023-24 season, Ava has quickly become a standout on the field. Her achievements this year include representing Samoa in the 2023 Pacific Cup, an honour that highlights her commitment and pride in her heritage on an international stage. In 2024-25, Ava will join the Wests Tigers for the Tarsha Gale Cup, a crucial pathway competition that fosters young talent in rugby league.

53 Bigge Street, Liverpool (K-10) | Casula Campus: Leacocks Lane, Casula (11-12) Ph: (02) 9602 4555 | ascc.syd.catholic.edu.au

**INSPIRED BY CHRIST** 

ST ANDREWS COLLEGE

## St Andrews College, Marayong



## ELLA MICHAEL'S RISING CRICKET JOURNEY



Ella has proven to be a true sports star in cricket, excelling in both outdoor and indoor formats of the game. In the 2023/2024 season, she proudly represented the Blacktown Reps Team in the Molly Dive Shield. For the upcoming 2024/2025 season, Ella was once again selected to represent Blacktown. However, after an impressive performance at the trials, she was invited and chosen to play for the Under 13 Parramatta Reps team. Opting to represent Parramatta is a significant step up, offering her additional

opportunities for growth and development in cricket.

In club cricket, Ella plays in the Stage 3 Girls league with Winston Hills, demonstrating her dedication to the sport at every level. Additionally, she has been invited to the Under 19 selection trials to represent Sri Lanka for the 2026 Women's T20 World Cup—a remarkable achievement for a young athlete with such promising potential.

In indoor cricket, Ella continues her winter games with the St Mary's Team and has played with the Blacktown Rep Team in both 2023 and 2024. As a member of the NSW Under 14 Team, she is set to compete in the state championship in Perth in July 2025. Ella's commitment and accomplishments in cricket speak volumes about her talent, and we look forward to seeing her continue to rise in the cricketing world.

## JOHN LUKUDU AND DENG JOSEPH: AIMING FOR THE AMERICAN COLLEGE SYSTEM

John Lukudu and Deng Joseph, both standout students from the Class of 2023, have each earned prestigious academic scholarships to top-tier prep schools in the United States: Los Angeles and Texas Premier Prep School. These institutions are highly regarded for nurturing both academic and athletic talent, offering a structured pathway for players like John and Deng to advance in basketball while pursuing higher education.

Through their respective prep school programs, both students are set on a course that prepares them for academic scholarships within the American College system, the NCAA. Within the NCAA, players can compete at Division I, II, or III levels, balancing their academic pursuits with high-level basketball competition. This collegiate journey not only paves the way for a well-rounded academic degree but also opens the door to professional basketball, offering them a potential path to the NBA draft.

John and Deng's dedication to both their studies and sport is a testament to their hard work and aspirations. Their achievements are an inspiration, underscoring the potential for academic and athletic success on the international stage.





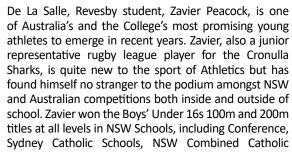


## AMPONSAH ANTWI: A RISING STAR WITH THE CENTRAL COAST MARINERS

Amponsah Antwi has spent the last two years contracted with the Central Coast Mariners, showcasing his dedication and impressive skill on the soccer field. As a promising young player, Amponsah's hard work and commitment have earned him a spot with one of Australia's most renowned soccer teams. His journey with the Mariners is a testament to his talent, and we look forward to seeing him continue to develop and make strides in his soccer career. Amponsah's future in the sport is bright, and his achievements serve as an inspiration to his peers.

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NSW CONTRACTOR OF THE PARTY OF



Colleges and NSW All Schools levels. Zavier broke several records in the majority of these competitions along the way too, currently running a 10.82 in the 100m and a 21.84 in the 200m at NSW All Schools in 2024.

In April of 2024, Zavier represented NSW at the Australian Athletics Championships in Adelaide, winning gold in the 100m (10.90) and also in the 4 x 100m relay with his NSW teammates. The 2024 trophy hunt didn't stop there for Zavier as he represented Australia at the Oceania Championships event in Fiji in June, winning gold for Australia in the 4 x 100m relay but unfortunately had to withdraw from the 100m individual event due to injury. Zavier is hoping to continue to grow in the Athletics world and wants to be the fastest man in Australia, hoping to one day go to a Commonwealth and Olympic games whilst still pursuing his rugby league career with the Cronulla Sharks.

Our College Touch Football Captain, Mark Bishara, has constantly led by example on the touch football field both inside and outside of school. Mark's not only an excellent player, but a fantastic leader who brings out the best in his teammates. Mark represented Lebanon at the Touch Football World Cup in July in Ireland, representing their Mixed Opens' side. Mark was the youngest member of the squad at 18 years of age, finishing the tournament as quarter finalists - losing to eventual winners, Australia.

Mark also represented NSW Combined Catholic Colleges at the DoorDash National Youth Championships in September of 2024 where Mark and his team made the semi-final. Mark finished 3rd top try scorer in the tournament with 12 tries. Mark has really excelled at our College on the touch football field at both a national and international level.

Both Zavier and Mark have been excellent role models and mentors for the students at De La Salle College, Revesby and we can't wait to watch them continue to inspire the future generations of sport stars at the College.

EMPOWERING YOUNG MEN FOR THE FUTURE

EXCELLENCE / SERVICE / COMMUNITY



## FREEMAN CATHOLIC COLLEGE BONNYRIGG HEIGHTS

#### REPRESENTATIVE TEAMS

**Intermediate Boys Touch Football** - Conference Runner's Up

**Intermediate Boys Football** - Conference Champions, Sydney Archdiocese Champions, NSWCCC State Champions.

**Senior Girls Football** - Conference Champions, Sydney Archdiocese Quarter-Finalists

**Junior Boys Football** - Conference Champions, Sydney Archdiocese Quarter-Finalists

**Boys Bill Turner Cup** - Sydney South-West Area Champions, National Round of 16

Intermediate Boys AFL - Conference Champions, Sydney Archdiocese Runner's Up

Junior Girls Table Tennis - Conference Champions Intermediate Boys Futsal - Regional Champions, State Champions

Senior Boys Futsal - Regional Champions Intermediate Girls Futsal - Regional Champions Senior Girls Futsal - Regional Champions U16's Parramatta Cup - Grand Finalists Senior Boys Oztag South-West Sydney Regional Champions, State Quarter-Finalists.

#### **ATHLETICS TEAM**

#### TEAN

Junior Boys Conference Champions

Intermediate Boys Conference Runner's Up Intermediate Girls Conference Champions Senior Boys Conference Champions Senior Girls Conference Champions Overall Male Conference Champions Overall Female Conference Champions

#### INDIVIDUAL

Austin Abikhail - U13s Boys Conference Age Champion Alessia Pisano - U15s Girls Conference Age Champion Sophia Furia - U16's Girls Conference Age Champion

#### **SWIMMING**

#### TFAM

Intermediate
Girls Conference
Champions

INDIVIDUAL

**Sofia lannello** - U16s Girls Conference Age Champion

Sienna Bautista -U15s Girls Conference Age Champion Josiah Carcallas

- U14's Boys Conference Age Champion



NSWCCC Swimming champions Sofia lannello and Slenna Bautista



Intermediate A Boys Football Team

#### **INDIVIDUAL ACHIEVEMENTS**

Marco Santangelo (Football) - Sydney FC, TSP and NSW Metro White, NSWCCC, NSW, U17's Australian Joeys

**Sofia lannello (Swimming) -** NSWCCC, National Age Swimming Championships

**Sienna Bautista (Swimming) -** NSWCCC, NSW All Schools, National Age Swimming Championships

**Rocco Marando (Football) -** Marconi Stallions FC, NSWCCC, NSW, Australian Schoolboys Charlotte Skundric (Athletics) - NSWCCC, NSW All Schools, Athletics Australia Nationals

**Mikayla Skundric (Athletics) -** NSWCCC, NSW All Schools, Athletics Australia Nationals

Angelina Scamardella (Football) -Western Sydney Wanderers, NSWCCC

**Zoran Botic (Football)** - Marconi Stallions, NSWCCC

Johnathan Mansour - Cronulla Sharks (Harold Matthews Cup), NSWCCC President's Team

49-51 Mount Street, Bonnyrigg Heights, 2177 | P (02) 9823 2073 | www.freemanbonnyrigg.syd.catholic.edu.au | info@freemanbonnyrigg.catholic.edu.au



Our Lady of the Sacred Heart College, Kensington P | (02) 9662 4088 W | olshkensington.syd.catholic.edu.au E | info@olshkensington.catholic.edu.au



# MARIST CATHOLIC COLLEGE PENSHURST

Marist Catholic College Penshurst has continued a proud sporting tradition with outstanding results in the Sydney Catholic Schools (SCS) sports competitions during 2024. We are proud of all our students and coaches for their hard work, team spirit and excellent results throughout the competitions. The College boasts two Sydney Catholic Schools champion teams - Junior Girls Football and Intermediate Girls Football. A further four teams won their Conference 3 championships: Junior Girls Rugby 7's, Junior Boys Rugby 7's, Intermediate Boys Rugby 7's and 7-A-Side Soccer. These are outstanding performances across a range of sports. Well done to all involved in our sports program - a team of sports stars.



Intermediate Girls Football



Junior Girls

SCS

Junior Girls Football Intermediate Girls Football

**CHAMPIONS** 

## SCS CONFERENCE 3 CHAMPIONS

Junior Girls
Rugby 7's
Junior Boys
Rugby 7's
Intermediate Boys
Rugby 7's
7-A-Side Soccer



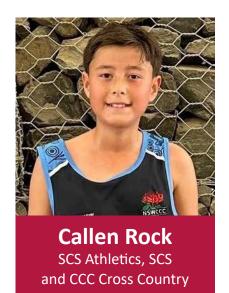


**Lucy Finn**Australian U/19 Cricket











## SPORTS STARS

A number of students have also excelled in a variety of sports, being selected to compete and represent at SCS, CCC and national levels. The College congratulates them all on achieving significant recognition for their dedication and sporting talents.

Ph: (02) 9579 6188 | 65 Victoria Ave, Mortdale 2223 | 29A Greenacre Rd, South Hurstville 2221

## **Inaugural CSNSW Sport Awards 2024**



In 2024, CSNSW Sport will proudly host the inaugural CSNSW Sport Awards, merging the esteemed NSWCCC Blue Awards (secondary) with the newly introduced NSWCPS Sport Awards (primary) for a spectacular celebration. This magical evening will bring together the Catholic school community to honor the top student athletes across all Catholic schools in New South Wales, recognising their remarkable achievements, dedication, and sportsmanship.

Set against the iconic backdrop of the Sydney Cricket Ground, this event will mark a new era in Catholic school sports, celebrating the best in talent, commitment, and sporting success across NSW. The CSNSW Sport Awards will provide an unforgettable night of recognition, bringing together the finest student athletes, their families, educators, and supporters in a powerful tribute to the spirit of Catholic school sport in NSW.

CSNSW Sport is very excited to acknowledge the fantastic efforts of these students and is looking forward to sharing their success.

## **NSWCCC Blue Awards 2024 - Award Recipients**

Australian Football Sullivan O'Dwyer Darcy Mimmo

Evie Henley Genevieve Hynes

**Athletics** 

Catherine Mikan Jessica Johnston Chase Grant Layla Sharp Zavier Peacock

<u>Baseball</u>

Lachlan Vella Mikah Targett

Basketball

Kira Juffermans Timeeka Coleman Cody Wagner Simon Troup

Cricket

William Taylor Caoimhe Bray Olivia Callaghan Cross Country: Lucie Francis Philippa Quarrell Jack Caldwell Beau Adams

<u>Diving</u>

Hayden Brinckley Lucas Dawes

<u>Football</u>

Jake Briggs Claire Adams Annabella Keep Zac Mascolo

Golf

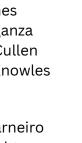
Lara Thomsen Darcy Mackay

Hockey
Jonte Wicks
Henry Jones
Isaac Braganza

Isaac Braganza
Annelise Cullen
Summer Knowles

<u>Netball</u>

Evalina Carneiro Marley Dighton











#### **NSWCPS Sport Awards 2024 - Award Recipients**

Australian Football
Harper Gallagher
Jake Goonan
Jessica McLeod
Phoenix Russell

Athletics
Lachlan Chappell
Ella Plummer
Jenna Haydon
Maia Twentyman
Oliver Sandona

Basketball
Floyd Henderson
Darcy Bendeich
Luella Carneiro
Evie Macdougall

<u>Cricket</u> Henry Galland Kaito Mori Kyra Prajapati Michelle Pham

Cross Country
Ella Plummer
Sienna Compton
Noah Blackmore
Mia Hogan

<u>Diving</u> Mia Colussi

Football
Preston Tanevski
Luke Norris
Sienna Mearns
Madelyne Monahan

Golf Callum Casafus Isaac Riches David Kang

Hockey Ollie Croker Henry Galland Evie Ekert Sofia Michell

Netball Madison Torres Chloe McKevett Morten Ellerington Hayden Gray

Rugby Union
Thomas McCormack
Lachlan Chappell

Rugby Girls 7s Harlow Taylor Kalani Russell

<u>Rugby League</u> Lachlan Chappell Brax Barwick

Swimming
Emerson Hoo
Romee Lee
Liam An
Thomas McCormack
Mia Hogan
Sienna Compton
Mia Hoo

<u>Softball</u> Logan Jones Annabelle Moriarty Rose Marchant

<u>Tennis</u> Cataleya Edwin Annabelle Awkar

Touch Football Sophie Stoddart Milla Kacilala Scarlett Clydsdale

### NSWCPS Team of the Year -Polding Boys Basketball Team 2024

The Boys Polding Basketball Team earned the "NSWCPS Team of the Year" award after an unprecedented ninegame winning streak at the NSWPSSA Boys Basketball State Championships, marking the first time a team has achieved such a feat for Gold.

Their dominance was evident from the start, leading CIS by 35 points in their opening game and closing the tournament with a decisive 29-point victory over Mackillop. With a remarkable 417 points scored to 333 conceded, this "once-in-a-lifetime" team embodied teamwork and elite performance, solidifying their place as 2024 NSW State Champions.





# Reach new heights





# Spatlight an Spart CELEBRATING OUR ELITE SWIMMERS

St Mary Star of the Sea College is immensely proud to celebrate two of our elite athletes: Jessica Cole and Ivy Miller, who have distinguished themselves both in school competitions and on the State and National sports circuits. Their dedication, resilience and achievements stand as a testament to the spirit of excellence and determination at our College.



#### **JESSICA COLE**

#### A Rising Star in the Pool

Jessica, a Year 12 student, has earned remarkable recognition on both the national and international stages. Competing at the Olympic Trials, Jessica secured a 7th place in the 200m Butterfly, 13th in the 100m Butterfly, and placed 31st in the 200m Freestyle. Her hard work led her to represent Australia at the 2024 Junior Pan Pacific Championships, where she claimed a bronze in the 200m Fly, placed 4th in the 100m Fly, and achieved silver in the 4×100m Medley relay. At the 2024 Oceania Championships, Jessica further excelled with four gold medals across her events, including the 50m, 100m, and 200m Fly as well as the relay events. Jessica's selection in the Australian 'Flipper' squad for U19 swimmers and the NSW Institute of Sport Emerging Athlete Squad is a testament to her bright future in competitive swimming.

#### **IVY MILLER**

#### A Force in Swimming and Surf Lifesaving

Year 11 student lvy has also garnered significant accolades. At the NSW Long Course State Age Championships, she dominated her age group, securing first place in the 50m, 100m, and 200m Backstroke. Ivy's prowess extends to surf lifesaving, where she excelled at both State and Australian Championships. Her outstanding performances include a 2nd place in the U17 Surf Race at the Australian Surf Lifesaving Championships and multiple top placements across swimming events. Ivy has also been selected as a member of the 2024 'Flippers' squad, further reinforcing her growing impact in both swimming and lifesaving. Jessica and Ivy's accomplishments reflect the dedication, resilience, and spirit of our College. Congratulations to both for their exceptional performances and unwavering commitment to their sports.

St Mary Star of the Sea College: educating girls in the Good Samaritan Tradition

#### **WORLD**

## WORLD CHAMPION GKR KARATE FATIMA ACHAECHI

Won Gold Medal in the individual Junior Female Sparring at the GKR Karate World Cup Tournament.

Silver Medal as part of the Team Sparring event with the NSW A Team.

### LIFE SAVING WORLD

#### STEPHANIE STANIFORTH

Competed in five individual events. Silver Medal in the World Youth 100m Manikin Tow and set a new personal best in all finals.

## NSWCCC CHAMPIONS

#### **BASKETBALL**

YEARS 7-8 AND 9-10 TEAMS

**OPENS TEAM** Runners Up

#### **NETBALL**

#### JUNIOR TEAM

All six teams were undefeated at the Wollongong Diocesan Netball Carnival, winning all six divisions.

#### **SWIMMING**

## SENIOR 4 X 50M FREESTYLE RELAY

Winners - New Record

#### SENIOR 4 X 50M MEDLEY RELAY

Winners - New Record

## ALL AGE SWIM RELAY TEAM Winners

#### **ALL AGE CHAMPIONS**

All Age Swim Team appointed All Age Champions

#### **TENNIS**

#### **OPENS**

Winners - this is the third consecutive year that St Mary's has won NSWCCC Tennis, with the oldest player only in Year 10.

#### **TRIATHLON**

#### **SENIOR TEAM Winners NSWCCC**

JUNIOR TEAM 2nd in NSWCCC

## **NATIONAL**

#### **ASHLEIGH BARLOW**

MVP for the Under 16's Swans AFL Academy named in the Australian Under 16's Merit Term.

#### SWIMMING – PAN PACIFIC **JUNIOR SWIMMING** CHAMPIONSHIPS JESSICA COLE

Australian Junior Dolphin team member Jessica represented Australia in 200m Butterfly placed 3rd, 100m Butterfly placed 4th and 4 x 100m medley reply placed 2nd.

### **SWIMMING – AUSTRALIA**

## OLYMPIC TRIALS JESSICA COLE & IVY MILLER

Both competed at Olympic Trials Jessica placed 6th in the 200m Butterfly Final

#### **SWIMMING AUSTRALIAN**

#### **ALL SCHOOLS IVY MILLER**

Gold Medal 100m Backstroke and Under 16's All Schools Captain

#### **HOCKEY AUSTRALIAN ALL SCHOOLS**

#### **GEORGIA O'GRADY-SHORTEN**

Represented and selected NSW All Schools Silver Medal at the Australian All **Schools Hockey Championships** 



#### Fatima Achaechi **World Champion**

#### STATE SWCCC

d and represented

MSA

DARCY WEBER 16'S & **MOLLY COBLE 16'S** 

ATHELTICS LEXIE GARDE 15'S 400M

MOLLY COBLE 16'S EMERSON MCCREA - OPENS **ELLIE STOKES - OPENS** 

#### **ELLA YATES**

The team won the NSW All Schools **Cricket Championships** 

#### **CROSS COUNTRY**

SIENNA BADGER, CATE GIASON, CELESTE CAROLAN AND MONTANA DOUBELL

**GABRIELLA WHITE - OPENS** BRIELLE MASTERS - OPENS

#### HOCKEY

TESSA BODY - OPENS EDWINA JONES 16'S **IMOGEN MOORE 16'S** 

SWIMMING LONDON CAMPBELL

CAITLIN ABELA - OPENS EUGENIE CANAVAN - OPENS

## **Junior Basketball Team**

#### NSW ALL CHOOLS

**NSW All Schools Team** 

**DARCY WEBER 16'S** 

#### **BASKETBALL**

ADDISON BONHAM 16'S & TAYLAH CURTIS 16'S

**LARA THOMSEN & MINI THOMSEN** 

**GEORGIA O'GRADY-SHORTEN OPENS** 

**CHELSEA SHERIDAN 16'S** 

SWIMMING
IVY MILLAR - NEW RECORD
200M BACKSTROKE

TRIATHLON
MONTANA DOUBELL - SENIOR
& CATE GIASON 16'S

**MADHU MAHEN 16'S** 

## REGIONAL CARNIVALS

#### **OPENS AFL TEAM**

Winners - Regional All Schools

#### **RUGBY UNION 7'S**

#### **UNDER 16'S TEAM**

Winners - undefeated in the Inaugural Regional Rugby 7's South Coast Interschools Carnival



#### **CONTACT US NOW!**

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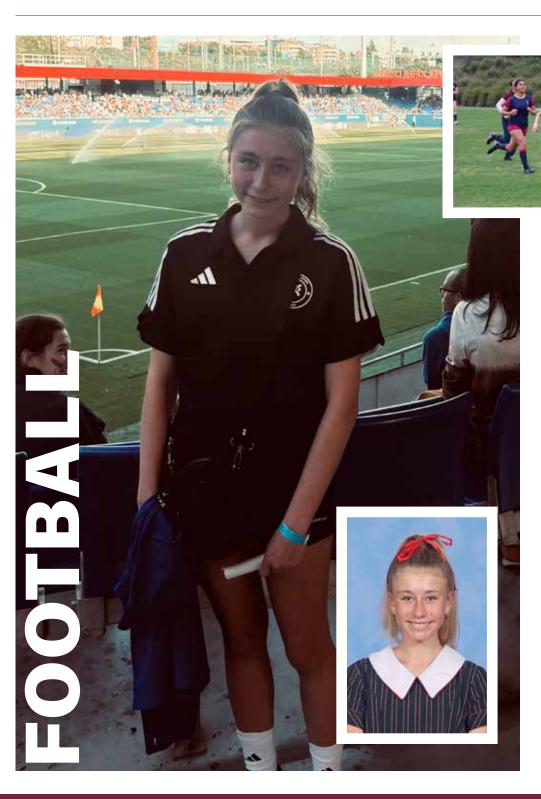
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## St Clare's College, Waverley

## Football - Isabella Roderique

Year 10, International Football Player



2024 has seen St Clare's College students participate in a wide range of sports, both as part of the Sydney Catholic Schools sports programs and through external representative programs.

At St Clare's College, students have the opportunity to engage in representative sports, coaching clinics, and free choice sports. Being part of these sports activities promotes physical wellbeing, develops important life skills, and contributes to the holistic education of each student.

In 2024, St Clare's student **Isabella Roderique**, Year 10, brought a breathtaking level of skill and passion to football at St Clare's College.

Isabella's commitment to football from the age of 6 saw her progress to playing in representative teams in Auckland, New Zealand before relocating to Sydney and joining St Clare's College. Isabella has been an incredible asset to our football program, scoring multiple goals throughout the Sydney Catholic Schools winter conference, and helping her team win the Conference 1 Grand Final. Beyond school, Isabella was invited to join the Sydney University Football Club National Premier League.

In September, Isabella travelled to Barcelona with the Sydney All Stars team to play games against professional academies such as RCD Espanyol. The team also competed in the East Mallorca Cup, playing against major European clubs including FC Barcelona, Chelsea and Real Madrid.

We look forward to supporting Isabella as her football career continues to soar.

Phone: 02 8305 7100 41-51 Carrington Road Waverley NSW 2024 Email: info@stclares.catholic.edu.au





## Sport for all at Sydn

# Empowering every student through sport at Sydney Catholic Schools



port holds an extraordinary potential to enrich young people's lives. It fosters teamwork and camaraderie, instils discipline and perseverance, and serves as a powerful foundation for building confidence and self-esteem.

At Sydney Catholic Schools, we believe sport is for everyone, regardless of age or ability. Across our network of 147 primary and secondary schools in Sydney, we offer a broad range of both competitive and non-competitive sports for nearly 74,000 students to enjoy.

With over 30 sports on offer, including unique choices like mountain biking, surfing, and badminton, we're dedicated to providing

students with opportunities to explore diverse activities, develop new skills, and pursue their passions.

Our inter-school competitions are organised across four geographic regions and run regularly throughout the year, giving students the chance to challenge themselves and connect with students their age.

For high-performing athletes, we offer pathways to trial for state and national competitions. Through structured representative pathways, we identify and nurture talent, offering advanced training, development camps, and competitive opportunities to help students reach their full potential.

We're also committed to expanding opportunities for students with disabilities. Sydney Catholic Schools is one of the few systems

to facilitate unified all-abilities sports, where students from different schools come together to compete in inclusive sports programs. Our goalball program, a Paralympic sport played by students with and without disabilities, is a great example of our commitment to inclusion.

Our system-wide events, including athletics, cross-country, and swimming championships, bring students of all ages and abilities together, fostering a sense of unity and ensuring each student has a chance to engage in a sport that challenges them.

The support of our industry partners strengthens our programs, adding valuable expertise to our sports initiatives. Partners such as St George Rowing Club, NSW Rugby, NSW Netball, Sydney FC, and Western Sydney

Wanderers FC bring exceptional knowledge to our collaboration, allowing us to create targeted initiatives that foster the growth and development of school-age athletes. Together, we offer specialised programs focused on skill enhancement and potential, providing students with access to professional coaching that helps them realise their full potential.

At Sydney Catholic Schools, we are committed to expanding sports opportunities and pathways for all students, regardless of background, gender, or physical ability. From school-based activities to elite competitions, we will continue to work with our school communities and industry partners to champion the role of sports in our students' lives.

- Sydney Catholic Schools

## ey Catholic Schools







This year, our students have continued to demonstrate their dedication, skill and outstanding teamwork. Their collective efforts and commitment to excellence have enabled many teams to achieve significant accomplishments across a variety of sports within the Sydney Catholic Schools Sports Program.

Whether on the field, in the pool, or on the court, our students consistently showcase their gifts and talents, earning welldeserved recognition and success.















66A Woolwich Rd, Woolwich 2110 | (02) 9816 2041 | mscwoolwich.syd.catholic.edu.au

# Domremy College Sports stars 'Find their Flair'

The following athletes have demonstrated immense dedication, sacrifice and hard work to deliver consistent top-level performances. Embodying the College vision, 'Let the Light shine true', and taking on this year's student theme, 'Find your Flair', they aimed for and achieved at the highest levels in their chosen sport. We congratulate our athletes for ticking off the goals they set themselves in the pursuit of excellence!

## CHLOE GAO DIVING

Last year Chloe (Year 11) was named in Diving Australia's 2832 Dream Squad as an athlete "with the potential to achieve excellence at the 2028 and/ or 2032 Olympic Games" (Diving Australia). This year Chloe continued to impress, with Diving Australia announcing that "Chloe has been selected to represent Australia at the TYR Junior Americas Cup, in Mission Viejo, California. This is a fantastic achievement and one that Chloe should be incredibly proud of. This competition is designed to help Diving Australia prepare athletes to qualify for and compete at the Junior World Championships in November 2024 as well as exposing athletes to outdoor competition and training ahead of the Olympic Games in LA in 2028."



## EISLA SCULLY 400M AND HIGH JUMP



Eisla (Year 7) represented the College at the NSW All Schools Championships in

400M and High Jump. Eisla placed 3rd in the 400M, with a personal best time of 58.99 seconds, placing her in the top 5 in the country this year. Eisla went on to place 2nd in the High Jump earning her a silver medal and qualifying for the National All Schools competition in December when she will again represent the College. Eisla had also previously qualified for the Athletics Australia (National) Championships in Perth in April 2025 for both the 400M and High Jump and is also planning to get a 200M qualifying time.

## **CHLOE CHENG**

#### **TABLE TENNIS**

Chloe (Year 10) competed in the Table Tennis Australia 2024 National Championships at the Mandurah Aquatic & Recreation Centre, WA, earlier this year. Across a line-up of tough competition, Chloe's national results are impressive:

Open women's team - 4th

U21 mixed double - 1st

U21 women's double – 2nd

U21 single – top 8 lost in quarter

U19 single – top 8

U17 girls - double 3rd

U17 single – top 8



121 First Avenue, Five Dock, NSW 2046 | Ph: (02) 9712 2133 E: enrolments@domremy.catholic.edu.au | www.domremy.catholic.edu.au





## Marist College Kogarah



#### Samuel Skrabak Yr 9 SWIMMING

Samuel started 2024 by representing the College at the Regional Swimming Championships. He came home as Age Champion, breaking a few records and winning 9 medals (8 Gold and 1 Silver). Samuel maintained his excellent form through to the Sydney Catholic Schools Swimming Championships where he broke more records, won 5 Gold and 3 Bronze, and was named both Age Champion and 'Swimmer of the Meet'. At the Catholic School NSW Championships he won 2 Gold, 2 Silver and 2 Bronze.

Continuing his swimming achievements outside school he attended the Australian Age National Championships on the Gold Coast in April with overall rankings of 6th in the 50m Freestyle, 7th in the 100m Freestyle and 4th in the 100m Backstroke. He was also selected for the NSW 14-15 boys 4x50m Freestyle relay team clocking a fast 23.66 seconds on his lap. Not only did they win the gold, they also broke the Australian age record for this event.

Earlier this year, Samuel was officially ranked by Swimming Australia as the third fastest 13 year old boy in Australian history, after Kyle Chalmers, to race the 50m Freestyle. He swam this record time in December last year at the State Championships. Samuel is looking forward to making history again this December.



#### Dominic Briscas Yr 10 DIVING

All Schools Nationals (Adelaide):

Silver medallist - 15yrs Boys Knockout Gold medallist in the Synchronised event with Marist Penshurst student Massimo Bottos

#### Age National Championships (Melbourne):

Gold medallist - 14/15yrs Boys 3m Springboard

Gold medallist - 14/15yrs Boys Platform

Bronze medallist - 14/15yrs Boys 1m Springboard

Silver medallist - Synchronised event with Marist Penshurst

student Massimo Bottos

Diving Australia's 14/15yrs Diver of the Year Award recipient

#### Junior Elite National Championships (Brisbane):

Silver medallist - 14/15yrs 3m Springboard Bronze medallist - 14-18yrs Synchronised



## Alexander Zafiris Yr 12 ATHLETICS

Alexander qualified for and competed in the Athletics Australia National Competition in Adelaide in April. He placed 4th in Australia for U17s shot put with a throw of 15.16 metres.

In September, representing the College at the NSWCCC competition, he won gold with a throw of 15.54 metres. He then went on to the NSW All Schools competition where he received the bronze medal.

## **TEAMS ACHIEVEMENTS**



**Senior OzTag**Conference 3 Champions



Junior Football Conference 3 Champions



Junior Table Tennis Conference 3 Champions



**Senior Football**Conference 3 Champions



Junior Chess Conference 3 Champions



Senior Rugby 7s
Conference 3 and Sydney
Catholic Schools Champions



Intermediate Chess 3
Conference 3 Champions



Tennis Squad
Junior Tennis Conference 3 Champions
Intermediate Tennis Conference 3 and Sydney
Catholic Schools Champions
Senior Tennis -

Conference 3 Champions







# SCHOOL SPORT AUSTRALIA CHAMPIONSHIPS

From 27 July to 3 August 2024, the Gold Coast hosted the inaugural School Sport Australia Championships. Students from all over Australia came together to compete in a range of sports, including Australian football, basketball, hockey, netball, and swimming. With five days of high-energy competition, this event marked a new milestone in showcasing young talent from every state and territory.

St Mary's Cathedral College is immensely proud to recognise two of our own athletes who qualified and represented our community in this prestigious event. Year 9 student Sebastian Mok demonstrated his AFL prowess, competing throughout the week against some of the country's most skilled young footballers. Sebastian's commitment and passion for the game have been evident, and we congratulate him on his impressive efforts and dedication to his sport.

We are also thrilled to celebrate Year 7 student Aleister Low, who competed in swimming in the U13 50m Backstroke. Reaching a national final is a remarkable achievement, and Aleister's determination and commitment in the pool have truly stood out.

Congratulations to both Sebastian and Aleister — your achievements have made the entire College community proud!

# CATHEDRAL DOMINATES AT CROSS COUNTRY CHAMPIONSHIPS

The Sydney Equestrian Centre buzzed with energy on Wednesday, 22 May, as Cathedral College showcased its athletic talent at the Sydney Cross Country Championships. With a strong squad of 35 runners representing the school, Cathedral delivered an outstanding performance, securing top spots across multiple age categories.

In a show of individual talent, nine Cathedral students advanced to the NSWCCC Carnival, marking a significant achievement for the team. Cathedral swept the competition in Conference 1, taking first place in the Juniors, Intermediate, and Senior age divisions. The College's exceptional effort also earned them the prestigious Aggregate Shield, awarded to the top performer among all Sydney Catholic schools.

Congratulations to the Cathedral runners for showcasing remarkable sportsmanship and representing the College with pride and integrity.





# INTERMEDIATE VOLLEYBALL CELEBRATES UNDEFEATED SUCCESS!

Known for their strong fundamentals and exceptional sportsmanship, the St Mary's Cathedral College Intermediate Volleyball team had an outstanding season in the Sydney Catholic Schools Conference 1, finishing undefeated! They showcased their skills and teamwork in the final match against Marcellin College, Randwick securing a well-deserved victory.

At St Mary's Cathedral College we're not only fostering academic excellence but also nurturing the sporting talents of our students, ensuring they shine on many fronts. Join us in celebrating these exceptional achievements and in looking forward to their continued success on the athletic stage.





We thank all our

# CHAMPION SCHOOLS

for their efforts this year!





